

Church of Saint Matthew – February 14, 2021

SAINT MATTHEW WELCOMES ALL TO OUR PARISH

New to the area, joining us for the first time or coming home again? Please contact Linda Rivera at lrivera@st-matts.org to register as a member of our parish family, we will be happy to get you signed up or welcome you back.

THE POWER OF PRAYER

You can request prayers for yourself, family and friends by calling St. Matthew's Prayer Line 651.457.0228. You can request prayers for healing, family unhappiness, help to find a job, addiction to name a few. All requests are confidential.



A SNAP SHOT OF THE ADA RESTROOM

The steel beams are up, other materials are ordered, and work is quickly moving forward!

More snap shots will follow as work progresses.

FAITH FORMATION INFORMATION

As we have been doing since September, the COVID-19 precautions apply: Anyone coming inside the church or parish center buildings needs to wear a mask, students' temperatures will be taken at the door, and classroom spaces are set for physical distancing to keep everyone as safe as possible. Families who have been exposed to someone with a positive coronavirus test should not come to in-person classes until they are out of quarantine. Students who are not feeling well should not come to in-person classes until they have recovered.

COMMUNITY OF SAINTS NEWS

It is Catholic Schools Week and a time to celebrate and remind everyone of all of the benefits of a Prek-8 Catholic education at Community of Saints! This week we will celebrate by dressing to themes each day, completing service projects, and celebrating student Mass.

Community of Saints is also now enrolling for the 2021-22 school year. Our enrollment has grown the past five years because our families know their children receive a high-quality Catholic education. Our small school environment provides our students a sense of belonging. Together with our families, we create a foundation to achieve excellence by developing each student's unique God-given talents.

If you or anyone you know is interested in learning more about Community of Saints, please contact us at 651-457-2510 or visit our website at www.communityofsaints.org

PRAYERS FOR OUR PARISH FAMILY

Please remember in your prayer our parish family members who are ill. Pray for their recovery and for their family members who are with them and caring for them. Especially, **Michael Vasquez, Jim Swaink, Joe Savard, Terry Koves, Jan Steinbrenner, Dorinda Martineau, Keith Anderson and Rita Dubuc.**

If you have a loved one you would like to add to this list, please call the Parish office, provide us with your name and the name of your loved one. We are strong as a community praying together.

AMAZON SMILE WORKS!!

Thanks to each person who has named St. Matt's and the charity to benefit from their shopping on Amazon. You can do it as well!! St. Matt's receives ½ of one percent for every dollar spent.

APARTMENT NEEDED

Mom and young child in need of a reasonable priced two bedroom apartment located near St. Matthew's Church. Contact Jim Cahill with details 612.990.9029.

A LITTLE SPIRITUAL HELP TO GET US THROUGH THESE TOUGH TIMES ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, my God, have mercy.

SPIRITUAL COMMUNION

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

AROUND THE NEIGHBORHOODS ARCHDIOCESE COVID-19 ANOINTING CORPS

On your few moments throughout the day help the Covid-19 Anointing Corps by praying for the sick, their families and the priest. Please pray two times: one Our Father for the individual suffering; one Hail Mary for the family's comfort; and one Glory Be for the priest and the medical team ministering to them. Mary, Mother of the Church, pray for us. St. Roch, pray for us.

PRAYERS AND SUPPORT FOR HEALTH CARE WORKERS

Health care workers: Catholic faithful throughout the archdiocese are dedicated to praying for you! Visit archspm.org/covid19prayers to submit a prayer request. On this page, you may also sign up for a weekly email, watch encouraging videos, and find resources for support.

Want to join in praying for health care workers? Commit to daily prayer for health care workers by texting archspm-healthcare to 55321 or signing up at eva.us/archspm-healthcare. You will receive a weekly message with a link to names of health care workers to keep in your prayers.

WRITING CONTEST

Submissions accepted through February 17

The annual Writing Contest has begun! This contest encourages students in schools and parishes to dive further into their Catholicism by answering a specific question. During this unusual year, students are considering how they are sharing God's love during the pandemic. Students are judged for creativity and communications effectiveness compared to their peers in one of four grade levels. So, have students begin now! Flyer is attached. If you have questions, contact Janine Ricker at rickerj@archspm.org or 651.291.4504.

IGNATIAN LENT RETREAT

Starting February 17, eight-week retreat, via Zoom hosted Saint Thomas More Catholic Community, St. Paul

We invite you to make Lent special by participating in our virtual Ignatian Lent Retreat in Daily Life! We will provide you with daily readings, reflection questions, and teachings from Ignatian spirituality to help you enter fully into the season. In addition to daily personal prayer, you will attend facilitated weekly small group meetings, held virtually on Zoom, to share your prayer experience and ask questions. morecommunity.org/lent-retreat.

NATIONAL CATHOLIC MEN'S CONFERENCE: LIVING IN VIEW OF ETERNITY

February 19-21, online

This conference will drill down into the practical lessons of living our vocation as Fathers, Husbands, Sons, and Disciples. Regardless of where you are in your life, we are going to give you a little something new that you've never thought of before. And it might just transform your life. Learn more and register go.virtualcatholicconference.com/ncmc2021

LIVING GOD'S LOVE MARRIAGE PREPARATION

Weekends beginning February 19 (Online through April)

This weekend program is offered monthly (except for October and December) 7:30 – 9:00 p.m. Friday evening and 9:00 a.m. – 7:00 p.m. Saturday. The online retreat will be hosted live via Zoom. In person retreats are scheduled to resume in May. Find more information and register below. Questions? Call 651-291-4488.

TREATMENTS FOR TRAUMA – A ZOOM PRESENTATION FOR VICTIM/SURVIVORS

Monday, Feb. 22, 6:30 - 8 p.m., Virtual Event (Link Sent to Registrants)

Many people feel that trauma rules their lives — anxiety, panic attacks, flashbacks, nightmares, obsessive and intrusive thoughts, self-hatred, shame, guilt. In this session Mitch Mueller, MA will discuss some of the techniques and treatments available to help you take control of your life and stop allowing your trauma to boss you around. Special focus will be given to mindfulness techniques that you can use in your daily life. Register by emailing Paula Kaempffer at kaempfferp@archspm.org or call 651-291-4429 for more information. View a flyer and details at the link below.